

Between 2002 and 2007, the average number of people CPO served per month increased by 94%!



We're Better Together

In 2007 we provided approximately 687 tons of groceries to an average of 4540 people a month. Clients can receive a week's worth of groceries every 30 days.

Our Mission

As an expression of Catholic social teachings, the mission of Catholic Parish Outreach is to serve the needy families and individuals of our community by providing supplemental food and young children's clothing.

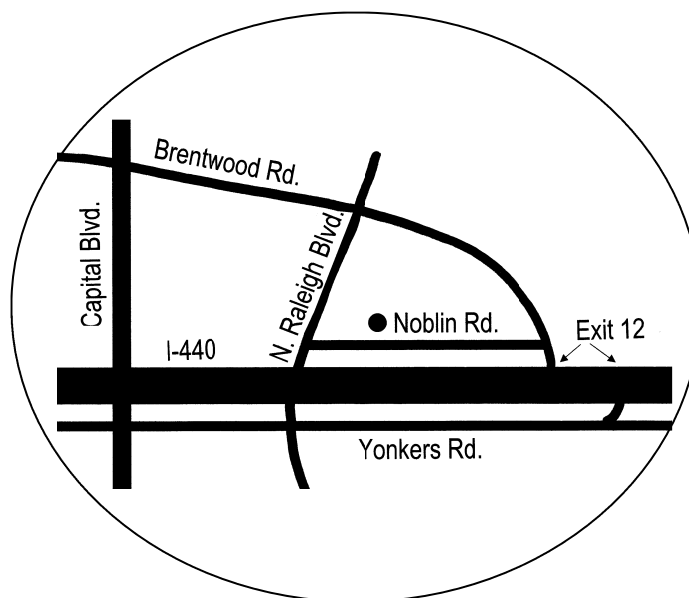
Who Does CPO Serve?

We serve any resident of Wake, Johnston, or Franklin County who is referred to us in writing by an agency (such as the Department of Social Services), church, community, or public service organization, *based on need, not religion*

*Cover photo courtesy of
University of New Hampshire Cooperative Extension*

Catholic Parish Outreach

2539-C Noblin Road
Raleigh, NC 27604



CPO is located just north of the Beltline between Raleigh Blvd. and Brentwood Rd., near the Brentwood Rd. and Yonkers Rd. exits off Interstate 440.

Hours: 10 am to 1 pm, Monday—Saturday

Website: www.cporaleigh.org

Phone: (919) 873-0245

Fax: (919) 873-0260

Director: Terry Foley
E-mail: foleyt@raldioc.org



Catholic Parish Outreach



***Celebrating 31 years of
serving our community!***

Little Ways to Make a BIG Difference



'Feed a Family' Food Drive

Contribute Financially

For \$20 we can feed a family of 4 for one week, thanks to food donations and our volume buying power. As a program of Catholic Charities of the Diocese of Raleigh, which is a 501c3 organization, your contributions to CPO are tax-deductible.

Tie your Food Lion MVP Card to CPO

We will get a donation from Food Lion that is tied to the amount of groceries you purchase from them. Sign up at www.foodlion.com under the "In the Community – Lion Shop and Share" link. –OR– contact Food Lion at (704) 633-8250 x3810.

Donate your Lowes Foods Green Points

CPO uses the Green Points to purchase baby items. To donate your points, call the Lowes Foods Customer Service number 1-888-537-8646 and request that the number of points you want to donate be given to CPO Rewards number 4202 2751 6595.

How Can I Help Catholic Parish Outreach?

Work on a Project

- ◆ 'Feed A Family' food drives
- ◆ Annual Raleigh CROP Walk
- ◆ Soup Drives
- ◆ Neighborhood food or clothing drives
- ◆ Baby Showers
- ◆ Sewing Club - blankets for newborns
- ◆ Organize a workday for your group



Women's Guild Sewing Bee

Volunteer

Volunteers help from 9:30 am – 1:30 pm.

Opportunities include:

- ◆ Helping in the warehouse
- ◆ Food sorting, packing & distribution
- ◆ Clothing sorting & distribution
- ◆ Greeting clients
- ◆ Interviewing clients

For information about volunteering, contact volunteer coordinators Bea and Marty Traube by phone (919-846-0602) or e-mail (thetraubes@portbridge.com).



2006 Crop Walk

Donate Clothing or Baby Items

- ◆ Children's clothes (up to size 4)
 - ◆ Maternity clothes
 - ◆ Diapers
 - ◆ New or gently used baby equipment (cribs, strollers, highchairs, etc.)
- No used car seats, please.



Clothing Area



Food Area